

# Caribbean Jerk Shrimp Pineapple Wraps

**Servings:** 2

**Prep time:** 7 minutes

**Cook time:** 6 minutes

**Total time:** 13 minutes

## Ingredients

½ lb shrimp

1 tsp jerk seasoning

1 tbsp oil

½ cup pineapple chunks

Tortillas (flour or corn)

Optional: lime wedges

## Instructions

### 1. Season shrimp

Toss shrimp with jerk seasoning until evenly coated.

### 2. Cook shrimp

Heat oil in a pan over medium-high.

Add shrimp and cook for 2–3 minutes.

### 3. Add pineapple

Add pineapple to skillet and sauté 2 minutes until lightly caramelized.

### 4. Warm tortillas

Heat tortillas in a dry skillet 20 seconds each side.

### 5. Assemble

Fill tortillas with jerk shrimp + pineapple.

Add lime if desired.

## Notes / Tips

Great sides: coconut rice, cabbage slaw, mango salsa

Spice level depends on jerk seasoning brand

Swap shrimp: chicken or tofu

Add crunch: cabbage, lettuce, red onions